



GOSFORD PARISH

*The Communities of St Patrick's East Gosford,
St Francis of Assisi Somersby & Holy Trinity Spencer
Neighbourhoods of Grace, entrusted to the
care of the Salvatorians.*



TAKE FRESH COURAGE – SHARE THE HOPE

In 1902, at the age of 60, Mary MacKillop suffered a stroke. Her mind was unaffected and her speech intelligible, but with her right side paralysed, she had to make major adaptations to her life.

She now walked with a stick and, towards the end of her life, was eventually confined to a wheelchair. She dictated letters, but also learnt to write with her left hand and took up typing – the typewriter being at the time quite a new invention. She continued to govern the Congregation of the Sisters of St Joseph as Mother General and, over the next seven years, visited Sisters all over the country, opening up new works and responding to needs wherever she found them.

Certainly, we notice deterioration in significant aspects of Mary's life as a result of the stroke. But we also notice enrichment. Having to depend more on others, she seems to speak and write words of encouragement more often. Her letters repeat what is at the core of faith and spirituality. She was in constant pain – she described it as being like a giant toothache all through her body – but she found deeper meaning in suffering as displaying in her own body the cross of Christ for our time (cf. Colossians 1: 24).

In this, the 11th year after Mary's canonisation in Rome on October 17 2010, many people around the world have experienced the COVID-19 virus as a kind of communal stroke. We have been paralysed in some ways and have had to adapt to deprivations of all kinds. It is an unfamiliar world in which we carve out our future. There is a background fear in society.

We are challenged to find new approaches to life.

As in the case of any trauma, our first challenge is to come to grips with reality. Ignoring the situation won't make it go away. In the process, we must, of course, take whatever steps are needed to safeguard our emotional and mental health. Accepting help if needed is part of this. When we are helpless, maintaining pride won't help. I think of Mary MacKillop, a strong and independent woman, now having to have someone bathe, dress and feed her in the weeks following her stroke. People who have lost their livelihoods and have to depend on the charity of others can feel incompetent and resentful. We grieve with them as they adjust to their new situation.

For Mary MacKillop, her trust was in a God whose love sees us through every evil: 'Let us pray for the ever dear Will of our good God to be done, and in the end we shall see what peace and happiness will result from all our sorrows,' she wrote.

When something goes wrong, our first instinct is to find information that will make us feel better. At the same time, nature reminds us that we are all inter-connected. For our own emotional health and that of society we need to identify the positive and take advantage of it. The picture of Mary at her typewriter can urge me to try the new in our time.

Mary MacKillop was in New Zealand when she had her stroke. What is noticeable in her story is the way so many people rallied to help her. The local bishop arranged for her to be taken from Rotorua to Auckland by train to which the Department of Railways attached a



"Do not worry about your life."

special invalid carriage and the doctor made the journey with her – all gratis. One of the Sisters wrote: 'They took her up so gently from the bed to the ambulance, four priests carried her down very steep stairs, directed by the bishop and the doctor – and then on to the station, so gently.'

The ability to empathise with those who are suffering calls out the best in us. We think of the response of so many when tragedy strikes. Who could ignore last summer's victims of bushfires? Yet we know that for some strange reason during this epidemic our society has, on occasion, brought a hostile attitude to the suffering of those on temporary visas, for example, and racism has reared its ugly head. Do we let compassion-fatigue make us less than human? Empathy with those who need our protection is required now more than ever.

Our post-pandemic world will be different. Will we enter it aimlessly, or can we use this 'time-between' to identify what truly matters in life? What gives our lives meaning? Researchers already note that children confined to online learning now refer to 'we' rather than 'I' and have a greater appreciation of family than before. Yet even family cannot fully satisfy the ultimate yearning of our hearts. Where do we touch the depths?

'Think of (Saint) Mary MacKillop and learn from her to be a gift of love and compassion for one another, for all Australians and for the world.' Pope (Saint) John Paul II, Sydney, January 19 1995. From:

<https://thesoutherncross.org.au/opinion/2020/10/02/take-fresh-courage-share-the-hope/>



BLESSED FRANCIS JORDAN SDS

"I wish you with all my heart every blessing, all true happiness, much strength to practice the virtues and fulfil all duties."

MM Letters 1903/08/27



POPE FRANCIS' AUGUST 2021 INTENTION The Church

Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

BB35
CELEBRATING
35 YEARS
DIOCESE OF BROKEN BAY



**THE YEAR
OF ST JOSEPH
& THE FAMILY
2021**



ST PATRICK'S PARISH GOSFORD

PASTORAL CARE

Fr Grzegorz [Greg] Skulski SDS

Parish Priest

Email: greg@sds.org.au

Fr Paul Tran SDS

Assistant Priest

email: paulduongsds@gmail.com

SALVATORIANS

Society of the Divine Saviour

<http://www.sds.org.au>

PARISH OFFICE

Secretary:

Colleen Kirk Mon – Thur:

8:30am – 4:30pm

Friday

8:30am – 1:00pm

Bursar:

Darren Fitzgibbon

Sacramental Programme

Coordinator:

Frances Mathey

Email: franceshanna@yahoo.com

Catechists' Coordinator: **Raelene O'Connor**

Email: saintpatsccd@acs.net.au

Wed:

9:00am – 1:00pm

Thur:

9:30am – 1:30pm

Youth Ministry:

Jaimi-Lea Andrews

Ph: 0452 480 112 Email: jaimilea.andrews@gmail.com

Media Coordinator:

Tom Croll

Thursday:

9:00am – 2:00pm

Email: tomcroll@photom.com.au

Phone:

0411- 962 122.

VOLUNTEER ROLES

Office Admin:

Denise Jay

Friday:

9:00am – 3:30pm

AV Presentation:

Peter McLean

Caretakers:

Greg McBride

Ron Begg, Chris Galea

Tim Mara

Maisie Tenev

Ph: 0416 803 334

Baptism Co-ordinator:

All bookings must be made through the parish office.

Gardeners:

Trevor Byrne

Joyce Byrne

Victor Camilleri

Barbara McCarthy

Ph: 4322 0250

Seniors' Ministry:

Hilary Pope

hilary.p1@optusnet.com.au

School Principals

St Patrick's Primary: Mrs Cheryl Walsh 4325 1159

St Joseph's College: Mr Tony McCudden 4324 4022

St Edwards College: Mr Mark Bonnici 4321 6400

St Peter's College: Mr Tim Hilderbrandt 43512344

MASSES LIVE STREAMED

https://www.youtube.com/channel/UC44NSRmeB1mg_EKIJUFJpvg/live

GOSFORD, 76 YORK STREET EAST GOSFORD

Mon:	9:00am	Wed:	11:30am	Fri:	12:00pm
Tue:	9:00am	Thu:	9:00am	Sat:	9:00am

WEEKEND MASSES

GOSFORD, 76 YORK STREET EAST GOSFORD

Sun: 9:30 am



YEAR OF THANKSGIVING FOR
BLESSED FRANCIS JORDAN

21st July 2021 - 21st July 2022

SALVATORIANS AUSTRALIA

ROSARY EVERY NIGHT AT 9:00 PM

https://www.youtube.com/channel/UC44NSRmeB1mg_EKIJUFJpvg/live

BLESSED SACRAMENT CHAPEL, IS CLOSED DUE TO COVID LOCKDOWN

ST PATRICK'S GROUPS MEETINGS

Cancer Prayer Group

Craft Group

Grief & Loss Support

MenAlive

Prayers for Christian Unity

Prayer Group DVDs

Prayer Group & Bible Discussion

Bible Study - Monday night

Youth Group

Salvatorian Collaborators

Women's Faith Circle

Children, Yrs 5 & 6

Family Group



NOTE:

ALL ADVERTISED ACTIVITIES ARE SUBJECT TO ANY GOVERNMENT COVID RULINGS AND THEREFORE WILL BE POSTPONED OR CANCELLED IF "STAY AT HOME" OR "LOCKDOWN" RULES ARE IN PLACE.

NATIONAL CATHOLIC LEADERSHIP STANDARDS

LEADERSHIP, MONITORING & IMPROVEMENT

STANDARD 1 – COMMITTED LEADERSHIP, GOVERNANCE & CULTURE

Key Elements of Standard 1:

- † A Commitment to Safeguarding
- † Promoting a Safeguarding Culture
- † Safeguarding Policies
- † Code of Conduct

SAFEGUARDING OFFICER

HILARY POPE



IF YOU SEE ANY ACTIVITIES INVOLVING CHILDREN OR VULNERABLE ADULTS THAT CONCERNS YOU, PLEASE EMAIL HILARY POPE, OUR SAFEGUARDING OFFICER AT HILARY.P1@OPTUSNET.COM.AU.

[CLICK HERE TO VIEW OR DOWNLOAD](#)

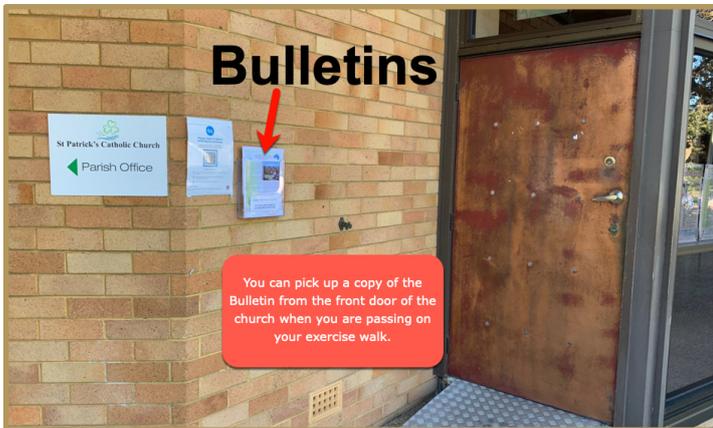
[OUR DIOCESAN COMMITMENT TO SAFEGUARDING](#)

Fr Greg and our Young Adults on staying positive during Lockdown.



WOULD YOU LIKE A PRINTED COPY OF THE BULLETIN?

You can pick up a copy of the Bulletin from the front door of the church when you are passing on your exercise walk.



SECURE DROP OFF FOR DONATIONS

We would like to especially thank those who have been contributing to the financial support of the parish and its clergy via direct deposit or calling to donate over the phone, or depositing their envelopes into our mailbox.

However - Donations have dropped 40 %, when we compare June 2021 before the lockdown to July 2021 following the lockdown.



We now have a secure letterbox in the fence near our gate into the office area, which people may place their donations - again while they are on their walk.

Certainly, it should be acknowledged that many people and businesses are suffering, and we are grateful for the support we are getting. However, we do have to ask for everyone to keep us in their prayers and remember to give their financial support.

Please also remember that whilst the office isn't open to all, we are taking calls and can assist you should you need help, book future sacraments or appointments, or collect your donations.

We encourage you to please stay in touch as your health and wellbeing are very much at the forefront of our minds.

May you dare to trust in the Lord with your whole heart and not lean on your own understanding.

May you look up and acknowledge him with every step you take, knowing he'll get you where you need to go.

May you put your hope in him, and not in the approval of man.

God will never disappoint.

He loves you more than you can comprehend.

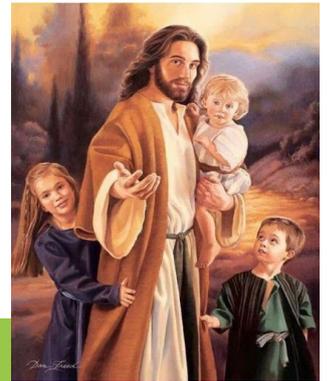
Trust him, and soon your eyes will see how good he is.

AN INVITATION TO YOU

Our Parish Catechist team, invite parishioners to join our Ministry, in a teaching capacity to replace a team member who has left the Parish area.

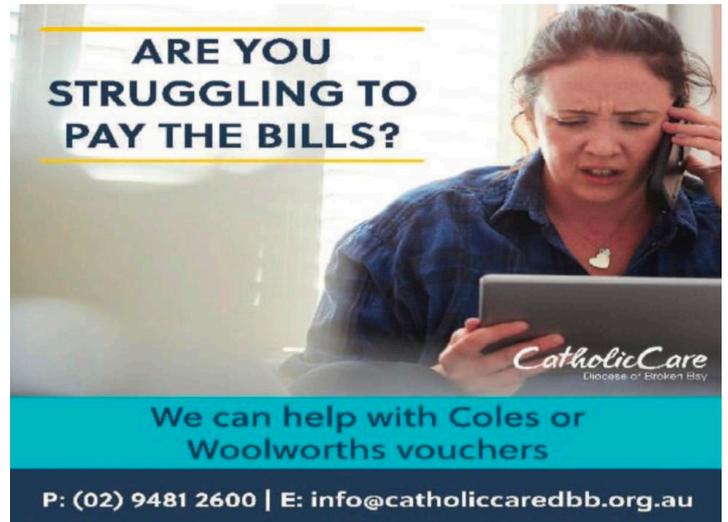
For Year 6 @12.10 pm
Wednesday at Point Clare.

I look forward to hearing from Parishioners available for this commitment.
All inquiries please call Raelene 0499 995 292.



HELP FROM CATHOLIC CARE

CatholicCare can help with Coles or Woolworths vouchers.

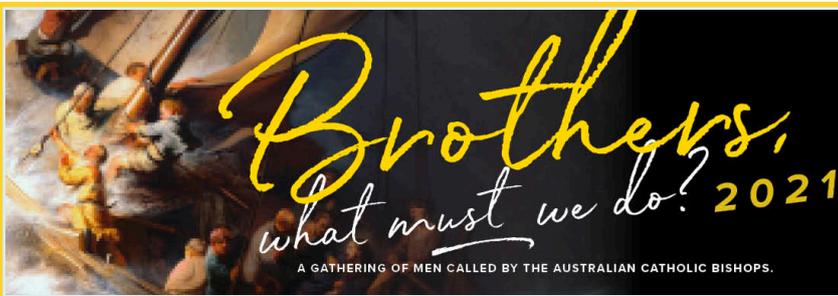


Times are tough. You might have lost work due to the lockdown, or you might be finding it hard to pay the bills or to put food on the table. Please call CatholicCare on (02) 9481 2600 or email them at info@catholiccaredbb.org.au.

They are here to help our parish families.



If you, or you know someone who is struggling please contact the Parish Office



Launching Nationally on
Saturday, 31st July 2021
www.catholicmensgathering.com.au



[Click here to see more!](#)

AUSTRALIAN CATHOLIC MEN'S GATHERING 2021

REGISTER TO PARTICIPATE

CLICK HERE TO WATCH THE VIDEOS

"They were cut to the heart and said to Peter and the other Apostles,

Brothers - what then must we do?" Acts 2:37

LAUNCHING NATIONALLY ONLINE FROM SATURDAY 31 JULY 2021

The Australian Catholic Men's Gathering aims to inspire and encourage all men with a vision for personal discipleship, service and mission in the family, parish/diocese and the world. The 2020 event saw approximately 1000 men gather across the nation at 42 hosting sites.

In this Year of St Joseph, the Australian Catholic Men's Gathering is again being offered as a free event for registered participants. All dioceses across Australia are invited to participate in the 2021 program which will focus on St Joseph and will include a pre-recorded introductory session, three pre-recorded sessions, and a final commissioning, all available from Saturday 31 July 2021.

You can participate individually or gather with others from your parish/diocese or men's ministry group. The

sessions are designed so that they can be used on one full day or across a number of days and they can be integrated with local initiatives such as Mass, testimonies and group discussions.

Individual registration will ensure you receive updates about the program and all links to the pre-recorded videos when they are available.



when did you last feel FULLY ALIVE?

menALIVE

Yes we are going to have three menALIVE zoom meetings in August.

We will be watching/discussing one of the Australian Catholic Men's Gathering videos in each session as there are three keynotes, too many to do in one.

The topics will be:

- Tue, Aug 03 => Man of God
- Tue, Aug 17 => Man of Service
- Tue, Aug 31 => Man of Character

If you would like to attend, contact Peter Axon ptaxon11@gmail.com or Ph: 0448 005 140

The Feast of the Assumption of the Blessed Virgin Mary (Holy Day of Obligation) Sunday 15 August



With the announcement of the continuation of the Stay at Home Order, Bishop Anthony Randazzo has asked that all our churches in Diocese of Broken Bay remain closed. The obligation for the faithful to participate in Sunday Mass (can.1247) remains lifted for the people of Broken Bay for the duration of this Stay at Home Order.

NEW RCIA PROGRAM

Anybody interested in, or know someone who is interested in becoming a Catholic please contact the Parish Office to register your interest in joining the RCIA program.

Office Phone # 4325-1042.



PLEASE CONSIDER FINANCIAL STEWARDSHIP

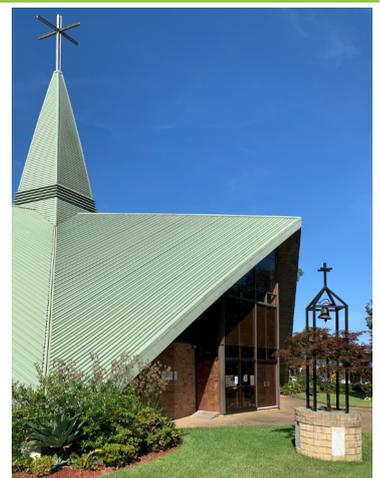
If you wish to donate to our Parish, you can donate direct to our Bank Account. When you do so please indicate in the "Reference" the purpose for the donation.

Bank Account Name

St Patrick's Catholic Parish

BSB: **062 784**

Account Number: **4238001**





FREE ZOOM TALKS

[Read More](#)

EUTHANASIA, DYING AND THE DIGNITY OF THE HUMAN PERSON

≡ 2, 9 & 16 AUGUST 7.30PM ≡

REGISTER NOW parracatholic.org/euthanasiatalks

PASTORAL WORKS Broken Bay

ANNOUNCEMENT
Rebrand of CWF to Pastoral Works Broken Bay

Announced by Bishop Anthony Randazzo last month, the CWF is rebranding to Pastoral Works Broken Bay.

We are delighted to announce Pastoral Works Broken Bay will shortly be launched for Parish communities. Thank you for your support in this important and historic initiative for the Diocese of Broken Bay.



CATHOLIC
DIOCESE OF
BROKEN BAY



DIOCESE of
PARRAMATTA



Euthanasia, Dying and the Dignity of the Human Person – Keynote Address – 2 August 2021

August 3, 2021

Good evening everyone and thank you for joining us this evening as we reflect together on such an important issue which, in fact, touches us at that moment at which we are most vulnerable – the moment of death itself.

Of course, my priestly life has made me no stranger to death. As a young monk, one of my first responsibilities was nursing the older, sick members of the community through to their death. It was one of the most formative experiences of my life. Then, later, as chaplain at St Vincent's Hospital in Melbourne in the late 90s, I recall in the space of one week alone attending 24 deaths. This experience has inevitably given me a familiarity with death. Yet, one of the things that would strike me – in hospital chaplaincy, particularly – is that those unfamiliar with death would understandably struggle with its natural processes. "Why does my mother have to suffer like this?" they would ask in anguish. Or with the same anguish, they might declare, "no one should have to suffer like this!" when, in fact, the person they loved was simply going through the natural process of the body shutting down, even quite peacefully.

Ignorance of death can make us fearful of it. Indeed, we have largely removed death from our daily lives, often relegating it to the medical context rather than integrating it into our family circle. The overwhelming majority of people now die in hospital. Gone are the days when someone may have died in the same bed in which they were born – which wonderfully was the experience of the father of a friend of mine. Many of us may not have the experience of being with someone dying until well into our own life, if at all. Many of us rarely see death, if at all.

[Click here to read more on line.](#)

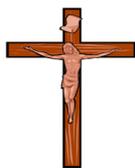


SALVATORIAN FORMATION DONATION CODE.

If you would like to support future Salvatorian priests please go to the link. Just scan with your QR Code Reader on your phone.

https://www.paypal.com/donate/?hosted_button_id=FHE9UKNMLYLQA

**Prayers and Litany for
the Intercession of
St Mary of the Cross
(Mackillop)**



Nihil Obstat: Rev. Wim Hoekstra
Imprimatur: † Bishop Anthony Fisher OP
Bishop of Parramatta
2nd February, 2011

Prayer for the Intercession of St Mary of the Cross (MacKillop)

St Mary of the Cross, we thank God that your life was a model of ardent love for God and for all people. You sought to know His will through prayer, Eucharistic adoration and reception of the sacraments. You saw Christ in the poor and marginalised and sought to bring them comfort and support. In following your vocation faithfully through many hardships, you showed us how to listen to and obey God's will and serve Him in those we meet. Intercede for us so that we may be ever listening to God's voice and faithfully obeying Him wherever He leads us.

St Mary of the Cross, with great compassion and out of love for Christ, you gave your life for the education and spiritual instruction of children from impoverished families. You recognised the profound importance of a firm foundation in the lives of children and young people. Intercede for the children and youth of Australia so that

they may come to know and love our Saviour Jesus Christ. Grant that those who educate them may be models of holiness. Grant that they may skilfully impart knowledge and truth, always remaining faithful to the teachings of the Church.

St Mary of the Cross, you placed yourself and your congregation under the patronage of St Joseph. You relied on his fatherly assistance in your daily life. Teach us to turn to him in our necessities and to recognise his powerful intercession. May he continue to intercede for the apostolate of the Sisters of St Joseph.

St Mary of the Cross, you always remained obedient to the Church in spite of misunderstandings in seeking to fulfil your vocation. With only love for those who sought to discredit you, you calmly entrusted your life to God, knowing that He would allow the work of your congregation to flourish if it was His will. Grant that we may have great faith that God is directing the course of our lives, even in the midst of suffering and turmoil. Teach us to wholeheartedly forgive others, relying on God's grace. Intercede for the Church in

Australia, that She may always remain faithful to Our Redeemer, Jesus Christ.

Most gracious and merciful Saviour, we place before you our needs (.....) and ask that you grant these favours through the intercession of St Joseph and St Mary of the Cross.

Heavenly Father, we thank you for the life of St Mary of the Cross. She provides us a model of virtue in her love for You, showing how we might serve

You in faithfulness and obedience. She teaches us to embrace the crosses of our own life and in absolute trust, surrender all to You. Help us to grow in imitation of her virtues so that we may one day reach our heavenly home. We ask this prayer through Christ our Lord, Who lives and reigns, world without end. Amen.

Litany of St Mary of the Cross (MacKillop)

Lord have mercy on us

Christ have mercy on us

Lord have mercy on us.
Christ hear us

Christ graciously hear us

**God the Father of heaven,
have mercy on us**

**God the Son, Redeemer of
the world, have mercy on
us God the Holy Spirit, have
mercy on us**

**Holy Trinity, one God, have
mercy on us.**

**Holy Mary, Mother of God,
pray for us**

St Joseph, pray for us

Tel: 4325-1042

St Mary of the Cross, pray for us

**St Mary of the Cross, faithful daughter
of the Church, pray for us**

**St Mary of the Cross, faithful adorer of
the Most Blessed Sacrament, pray for us**

**St Mary of the Cross, child of the Most
Holy Rosary, pray for us**

**St Mary of the Cross, model of steadfast
faith, pray for us St Mary of the Cross,
model of courageous hope, pray for us**

**St Mary of the Cross, model of selfless
charity, pray for us St Mary of the Cross,
model of sincere forgiveness, pray for
us**

**St Mary of the Cross, model of humility,
pray for us**

**St Mary of the Cross, who embraced the
cross of Christ, pray for us**

**St Mary of the Cross, companion of the
poor, pray for us**

**St Mary of the Cross, solicitous for those
entrusted to your care, pray for us**

**St Mary of the Cross, compassionate
with those who are suffering, pray for
us**

**St Mary of the Cross, advocate for
parents, pray for us**

**St Mary of the Cross, champion of
Catholic families, pray for us**

**St Mary of the Cross, friend of children
and youth, pray for us**

**St Mary of the Cross, tireless in teaching
others to love Christ, pray for us**

**St Mary of the Cross, courageous in
spreading the Gospel, pray for us**

**St Mary of the Cross, eager for the
conversion of souls, pray for us**

**St Mary of the Cross, gracious in
adversity, pray for us**

**St Mary of the Cross, entrusting
yourself to Christ during illness and
while dying, pray for us**

**St Mary of the Cross, earnest for the
welfare of Australia, the Great
Southland of the Holy Spirit, pray for us**

**Lamb of God, You take away the sins of
the world, spare us O Lord**

**Lamb of God, You take away the sins of
the world, graciously hear us O Lord**

**Lamb of God, You take away the sins of
the world, have mercy on us.**

Pray for us, St Mary of the Cross

**That we may be made worthy of the
promises of Christ.**

Published by Cardinal Newman Faith
Resources Inc. PO Box 697 Merrylands, NSW
2160.

Tel: (02) 9637 9406
fr@cardinalnewman.com.au
www.cardinalnewman.com.au

**Jamberoo Abbey
Online Retreat**
a retreat about Hope

Van Gogh - Tower in the fields

Meet me in the Middle

ABOUT
This retreat is based on Charles Peguy's Little Girl Hope from the book: "The Portal of the Mystery of Hope". Hope is both a virtue and a mystery. It is desirable yet elusive. Many dismiss it, misunderstand it, shrug it off and turn their backs on it, extolling faith and charity instead. Whilst faith and charity are absolutely critical in these times of uncertainty and fear in society, there is now a need for hope as never before since World War II.

DATE
Retreat begins Sunday, September 5, 2021.
All videos and texts will be available on our website for as long as you need access.

DETAILS
There are 6 conferences with two being uploaded each week. There are also questions for reflection. Take your time as there is no need to complete the two conferences within the one week.

COST
The cost of the retreat is \$250
Pensioners can apply for a reduced price- see website for details

CONTACT
Register online at:
jamberooabbey.org.au/retreats/online-retreats

©The Portal of the Mystery of Hope
William B Eerdmans Publishing Co, Michigan USA

Living in the Light

THE WORD

St Paul wrote to the Ephesians, "Don't hold grudges against others or lose your temper. No more shouting or insults. Don't be spiteful. Instead, be kind to each other and forgive as God has forgiven you. You are God's precious children. Try to love like Jesus has loved you".

Kn 10:4-8 | Ps 33 | Eph 4:30-5:2 | Jn 6:41-51

FAMILY FOCUS

Children of God. Have you ever had two people you love fight with one another? It is so upsetting when this happens! We want to be close to both of them and we want them to enjoy each other's company too. God is our heavenly father and like any parent, he hates it when his children squabble and hurt each other. God wants us to be family together.

Make it: Make a people chain – fold a piece of paper in half, then half again, then half again. Cut out the shape of person (arms and legs should join at the fold). Colour and draw faces.

PRAYER SPACE



Symbol: People Chain

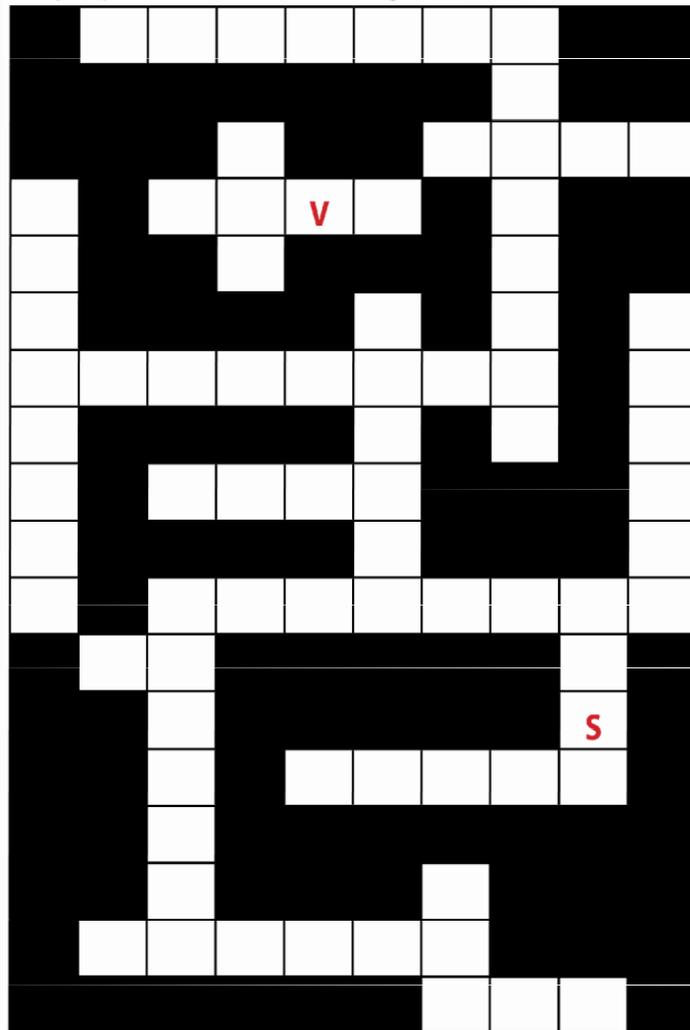
God our Father,
You love us all and want us to be kind to each other. Help us to forgive and make peace.
Amen.

DID YOU KNOW?

St Maximilian Kolbe was a priest who was imprisoned by the Nazis in Auschwitz in 1941. After an attempted escape, the soldiers chose 10 others to be executed. Maximilian offered himself to save a young father. He died after two weeks of starvation.



Can you place all the words in the grid?



- No
- You
- God
- Try
- Lose
- More
- Love
- Kind
- Spite
- Family
- Grudge
- Temper
- Forgive
- Insults
- Shouting
- Children
- Friendly
- Precious



ENTRANCE ANTIPHON

CF. MT 25:34,36,40

Come, you blessed of my Father, says the Lord: I was sick and you visited me.

Amen, I say to you: whatever you did for one of the least of my brethren, you did it for me.

FIRST READING

1 KGS 17:7-16

A reading from the first book of Kings

The jar of meal shall not be spent according to the word of the Lord spoken through Elias.

And then the word of the Lord came to Elijah, 'Up and go to Zarephath, a Sidonian town, and stay there. I have ordered a widow there to give you food.' So he went off to Sidon. And when he reached the city gate, there was a widow gathering sticks. Addressing her he said, 'Please bring a little water in a vessel for me to drink.' She was setting off to bring it when he called after her. 'Please,' he said 'bring me a scrap of bread in your hand.' 'As the Lord your God lives,' she replied 'I have no baked bread, but only a handful of meal in a jar and a little oil in a jug; I am just gathering a stick or two to go and prepare this for myself and my son to eat, and then we shall die.' But Elijah said to her, 'Do not be afraid, go and do as you have said; but first make a little scone of it for me and bring it to me, and then make some for yourself and for your son. For thus the Lord speaks, the God of Israel:

"Jar of meal shall not be spent, jug of oil shall not be emptied, before the day when the Lord sends rain on the face of the earth."

The woman went and did as Elijah told her and they ate the food, she, himself and her son. The jar of meal was not spent nor the jug of oil emptied, just as the Lord had foretold through Elijah.

RESPONSORIAL PSALM

PS 623:1-8

(R.) My soul clings to you; your right hand holds me fast.

1. O God, you are my God, for you I long; for you my soul is thirsting.

My body pines for you like a dry, weary land without water.

(R.) My soul clings to you; your right hand holds me fast.

2. So I gaze on you in the sanctuary to see your strength and your glory.

For your love is better than life, my lips will speak your praise.

(R.) My soul clings to you; your right hand holds me fast.

3. So I will bless you all my life, in your name I will lift up my hands.

My soul shall be filled as with a banquet, my mouth shall praise you with joy. (R.)

4. On my bed I remember you.

On you I muse through the night for you have been my help; in the shadow of your wings I rejoice. (R.)

SECOND READING

COL 3:12-17

A reading from the letter of St Paul to the Colossians

Bear with one another, forgive each other.

You are God's chosen race, his saints; he loves you, and you should be clothed in sincere compassion, in kindness and humility, gentleness and patience. Bear with one another; forgive each other as soon as a quarrel begins. The Lord has forgiven you; now you must do the same. Over all these clothes, to keep them together and complete them, put on love. And may the peace of Christ reign in your hearts, because it is for this that you were called together as parts of one body. Always be thankful.

Let the message of Christ, in all its richness, find a home with you. Teach each other, and advise each other, in all wisdom. With gratitude in your hearts sing psalms and hymns and inspired songs to God; and never say or do anything except in the name of the Lord Jesus, giving thanks to God the Father through him.

GOSPEL ACCLAMATION

MT 27:55

Alleluia, alleluia!

Many women were there by the cross, watching from a distance, the same women who had followed Jesus and looked after him.

Alleluia!

GOSPEL

MT 6:25-34

A reading from the holy Gospel according to Matthew

Do not worry about your life.

Jesus said to his disciples:

I am telling you not to worry about your life and what you are to eat, nor about your body and what you are to wear.

Surely life is more than food, and the body more than clothing!

Look at the birds in the sky. They do not sow or reap or gather into barns; yet your heavenly Father feeds them.

Are you not worth much more than they are?

Can any of you, however much you worry, add one single cubit to your span of life?

And why worry about clothing?

Think of the flowers growing in the fields; they never have to work or spin: yet I assure you that not even Solomon in all his royal robes was clothed like one of these.

Now if that is how God clothes the wild flowers growing in the field which are there today and thrown into the furnace tomorrow, will he not much more look after you, you have so little faith?

So do not worry; do not say, "What are we to eat?"

What are we to drink? What are we to wear?"

It is the gentiles who set their hearts on all these things.

Your heavenly Father knows you need them all.

Set your hearts on his kingdom first, and on God's saving justice, and all these other things will be given you as well.

So do not worry about tomorrow: tomorrow will take care of itself.

Each day has enough trouble of its own.

COMMUNION ANTIPHON

CF. JN 13:35

This is how all will know that you are my disciples, if you have love for one another, says the Lord.

REFLECTION BY

FR MICHAEL TATE

Mary MacKillop

This Gospel does not say we should not worry about what others eat or drink or have to wear. In fact we will be judged on whether we gave 'the Least' food, shelter, companionship in illness or in prison (Mt 25).



In the mid-late 19th century, a young woman was very concerned with the plight of the poor and the marginalised in the colonies which later became the Commonwealth of

Australia. Amongst the most obvious necessities of life for these 'least' was schooling of the young, as education is a proven path out of poverty.

So, this woman, whose most famous saying was 'never see a need without trying to do something about it', set about remedying that situation. Mary McKillop established the Sisters of St Joseph of the Sacred Heart principally to educate the poor.

She suffered excommunication for revealing sexual abuse of youngsters by a paedophile priest. That was reversed five months later, but this all took its toll on her fragile health.

We could pause for a moment to pray that we may join St Mary of the Cross in Heaven, together with all the Josephite sisters who set their hearts on the Father's kingdom and His saving justice.

© Fr Michael Tate; mtate@bigpond.com

Rev Prof Michael Tate graduated in Law from the University of Tasmania in 1968, and in Theology from Oxford University in 1971. He lectured at the University of Tasmania from 1972-78, being Dean of the Faculty of Law in 1977-78. He was a Senator for Tasmania from 1978-93, being Federal Minister for Justice from 1987-93. He served as Ambassador to The Hague and the Holy See from 1993-96. He then returned to Australia and was ordained in May 2000 and has been a parish priest in the Archdiocese of Hobart since then. He is an Honorary Professor of Law at the University of Tasmania where he lectures in International Humanitarian Law.

THIS WEEK

Tue St Lawrence, deacon, martyr
Wed St Clare, virgin
Fri St Maximilian Mary Kolbe, priest, martyr

NEXT WEEKS READINGS

17TH SUNDAY OF ORDINARY TIME

1st: Apoc 11:19, 12:1-6, 10
2nd: 1 Col 15:20-26
Gospel: Lk 1:39-56



PLEASE PRAY FOR THE SERIOUSLY ILL MEMBERS OF OUR COMMUNITY

Susan Milne, Bernadette Humphries, Maura Garvey, Allan Hoole, Arthur Holland, Maree Nolan, Carlos Llenado. Jim Dibben, William Parkhouse, Anne Holohan, Brent Senger, Oliver Senger, Christopher Michael Graham, Nancy Fitzgerald, Angela Gibbs, Peter Allman, Peter Gloss, Pat Lowe, Maria

YOUR PRAYERS PLEASE

Keisellis, Pam O'Malley-Jones, Megan McGowan, Judith Wennerbom, Marie O'Donovan, Frank McGuinness.

RECENTLY DECEASED:

Ernesto Jose Lumayno, Keanu Campbell, Allan Sidney Barrett, Lawrence Meehan, Maria Del Sagrario Gomez De Las Heras Alonso, Trish Arnell, Christopher Lucey, Rita Agius, Marie Stokes, Tereso Ave Jr.

ANNIVERSARIES:

Norman Curran, George Frediani, Josephine Comensoli, Boleslaw Then, Rodney Spencer, Andrew Murphy, John & Eva Smith, Sr Marie Paul Chanel, Maria Dabski, Eric Fitzgibbon, Ines Bembo, Marget Richter, Elaine Murphy, Angelina Comensoli, Thomas Dodd, Irena & Jan Tomporowski, Tim Garnsey.

REMEMBRANCES:

Valerie & Eric Neilson, Keanu Campbell, Joseph Vaz, Ronald Freeman, Fariba Ghazi, Mary Jane Buhagiar, Glenn Mills, Friquet Family, Mr Sammut, Foss family members, For all the Souls of the Vaz family, Kevin Boland, Fariba Ghazi, Mary Anne Dwyer, Gary Bell, John & Doris Bourke.

CONDOLENCES:

Our sincere condolences to all those who have recently lost family members or friends. In particular, our Catchiest Coordinator, Raelene O'Connor and her family, on the death of her father Allan Sidney Barrett.

Also to Margaret Mathieson and family in the loss of her uncle, Lawrence Meehan in NZ

May their souls rest in the peace and glory of our Lord.



Date	Mass	Intention	Date	Mass	Intention
Sat 07/08	9:00am Gosford	Special Intentions of THE RANKINE & HUIE FAMILIES	Thu 12/08	9:00am Gosford	+ Remembrance KEANU CAMPBELL
Sat 07/08	4:30pm Spencer 2nd Sunday of Mth		Fri 13/08	12:00pm Gosford	+ Remembrance FARIBA GHAZI
Sat 07/08	5:00pm Gosford		Sat 14/08	9:00am Gosford	+ Remembrance VAL & ERIC NEILSON
Sat 07/08	5:30pm Somersby			4:30pm Spencer 2nd Sunday of Mth	
Sun 08/08	7:30am Gosford		Sat 14/08	5:00pm Gosford	
Sun 08/08	9:30am Gosford	+ Anniversary ANTONIO IANNECE + Anniversary ROSHAN PERERA	Sat 14/08	5:30pm Gosford	
Sun 08/08	6:00pm Gosford		Sun 15/08	7:30am Gosford	
Mon 09/08	9:00am Gosford	Recently Deceased ALLAN BENNETT	Sun 15/08	9:30am Gosford	Recently Deceased ERNESTO JOSE LUMAYNO
Tue 10/08	9:00am Gosford	+ Birthday Remembrance NELSON FERNANDES	Sun 15/08	6:00pm Gosford	
Wed 11/08	11:30am Gosford	Healing & Strength TOM KAHW			

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